



# SEPTEMBER 2022 Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Food &amp; Drink items are natural and organic when available</p> <p>Please circle your choice for each day. All orders must be placed two weeks in advance. There are no refunds for missed days.</p> <p>Payment form is on the back.</p> <p>If a student arrives without a lunch, a lunch will be provided and the parent will be charged <u>the regular fee plus an additional \$1.00.</u></p> <p>Entrée Side &amp; Drink Preschool = \$5.00 Kindergarten = \$7.00</p> <p>Beverage choices: 1% Milk Honest Kids Organic Juice Bottled Water</p> <p>Menu subject to change as necessary.</p>				<p>1. A. Build-Your-Own Pizza! Baked pizza crust with sides of sauce, all-natural diced pepperoni &amp; shredded mozzarella cheese B. BYO Cheese Pizza C. Sun-Butter &amp; Jelly</p> <p>Side: Veggie Sticks &amp; Fresh Fruit</p>	<p>2. <b>NO SCHOOL - Professional Development</b></p>
	<p>5. <b>NO SCHOOL - Labor Day</b></p>	<p>6. A. Beef &amp; Cheese Blue Corn Nachos - non-gmo blue corn chips, homemade cheese sauce B. Blue Corn Nachos, homemade cheese sauce C. Sun-Butter &amp; Jelly</p> <p>Side: Steamed Corn &amp; Avocado Mash</p>	<p>7. A. Crispy Chicken Patty Sandwich, Wheat Bun B. Veggie Burger, Wheat Bun C. Sun-Butter &amp; Jelly</p> <p>Side: Steamed Peas &amp; Fresh Berries</p>	<p>8. A. Homemade Cinnamon Belgian Waffles B. Scrambled Eggs &amp; Bacon C. Sun-Butter &amp; Jelly</p> <p>Side: Sweet Potato Tots &amp; Mandarin Oranges</p>	<p>9. A. Barros Cheese Pizza B. Barros Pepperoni Pizza C. Sun-Butter &amp; Jelly</p> <p>Side: Carrot Sticks &amp; Seasonal Fruit</p>
	<p>12. A. Crispy Chicken Tenders B. Veggie Burger C. Sun-Butter &amp; Jelly</p> <p>Side: Homemade Mac n Cheese &amp; Diced Pears</p>	<p>13. A. Chicken Quesadilla B. Cheese Quesadilla C. Sun-Butter &amp; Jelly</p> <p>Side: Steamed Corn &amp; Avocado Mash</p>	<p>14. A. Spaghetti &amp; Meat Sauce B. Buttered Noodles C. Sun-Butter &amp; Jelly</p> <p>Side: Homestyle Green Beans &amp; Mandarin Oranges</p>	<p>15. A. Homemade "Lunchable"-Uncured turkey, crackers, natural cheddar and provolone cheeses B. No-Turkey "Lunchable" C. Sun-Butter &amp; Jelly</p> <p>Side: Apple Slices &amp; Steamed Peas &amp; Carrots</p>	<p>16. A. Barros Cheese Pizza B. Barros Pepperoni Pizza C. Sun-Butter &amp; Jelly</p> <p>Side: Carrot Sticks &amp; Seasonal Fruit</p>
	<p>19. A. Turkey Sausage &amp; Biscuit B. Homemade Silver Dollar Pancakes C. Sun-Butter &amp; Jelly</p> <p>Side: Sweet Potato Tots &amp; Mandarin Oranges</p>	<p>20. A. Orange Chicken &amp; Brown Rice B. Crispy Tofu in Orange Sauce C. Sun-Butter &amp; Jelly</p> <p>Side: Steamed Mixed Veggies &amp; Diced Pears</p>	<p>21. A. Chicken Fettuccine Alfredo B. Buttered Noodles C. Sun-Butter &amp; Jelly</p> <p>Side: Steamed Crinkle-Cut Carrots &amp; Fresh Berries</p>	<p>22. A. Grilled Turkey &amp; Cheese Sandwich B. Grilled Cheese Sandwich C. Sun-Butter &amp; Jelly</p> <p>Side: Homemade Tomato Soup &amp; Steamed Peas</p>	<p>23. A. Barros Cheese Pizza B. Barros Pepperoni Pizza C. Sun-Butter &amp; Jelly</p> <p>Side: Carrot Sticks &amp; Seasonal Fruit</p>
	<p>26. A. Turkey &amp; Cheddar Sub B. Just Cheese Sub C. Sun-Butter &amp; Jelly</p> <p>Side: Tater Tots &amp; Mandarin Oranges</p>	<p>27. A. Grilled Beef Burger with Cheddar Cheese, Wheat Bun B. Veggie Burger, Wheat Bun C. Sun-Butter &amp; Jelly</p> <p>Side: Steamed Peas &amp; Fresh Berries</p>	<p>28. A. Cheese Ravioli B. Buttered Noodles C. Sun-Butter &amp; Jelly</p> <p>Side: Homestyle Green Beans &amp; Fresh Berries</p>	<p>29. A. Crispy Chicken Tenders B. Veggie Burger, Wheat Bun C. Sun-Butter &amp; Jelly</p> <p>Side: Homemade Mac n Cheese &amp; Apple Slices</p>	<p>30. A. Barros Cheese Pizza B. Barros Pepperoni Pizza C. Sun-Butter &amp; Jelly</p> <p>Side: Carrot Sticks &amp; Seasonal Fruit</p>