





September 2019 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Food & Drink items are natural or organic when available</p> <p>Please circle your choice for each day. All orders must be placed two weeks in advance. There are no refunds for missed days.</p> <p>Payment form is on the back.</p> <p>If a student arrives without a lunch, a lunch will be provided and the parent will be charged <u>the regular fee plus an additional \$1.00.</u></p> <p>Entrée Side & Drink Preschool = \$5.00 Kindergarten = \$7.00</p> <p>Beverage choices: 100% Organic: Regular Milk Juice Bottled Water</p> <p>Menu subject to change as necessary.</p>	<p>2.</p> <p>School Closed No Lunch</p> 	<p>3.</p> <p>A. Organic Turkey & Cheese Sliders B. Organic Cheese Sliders C. Sun-Butter & Jelly Slider</p> <p>Side: Pasta Salad & Organic Apple Slices</p>	<p>4.</p> <p>A. Whole Wheat Spaghetti with Organic Beef & Marinara Sauce B. Plain Butter Noodles C. Sun-Butter & Jelly</p> <p>Side: Roasted Corn & Peaches</p>	<p>5.</p> <p>A. Whole Grain Belgian Waffles B. Organic Egg & Cheese Burrito C. Sun-Butter & Jelly</p> <p>Side: Yogurt/Applesauce & Orange Slices</p>	<p>6.</p> <p>A. Barros Cheese Pizza B. Barros Pepperoni Pizza C. Sun-Butter & Jelly</p> <p>Side: Organic Veggie Sticks Seasonal Fruit</p>
	<p>9.</p> <p>A. Grilled Cheese B. Sun-Butter & Jelly</p> <p>Side: Tomato Soup & Apple Slices</p>	<p>10.</p> <p>A. Organic Beef Sloppy Joe B. Lentil Sloppy Joe C. Sun-Butter & Jelly</p> <p>Side: Smashed Sweet Potato & Watermelon Slices</p>	<p>11.</p> <p>A. Ham & Cheese Roll Up B. Cheese Roll Up C. Sun-Butter & Jelly</p> <p>Side: Carrot Sticks & Bananas</p>	<p>12.</p> <p>A. Creamy Penne Pasta with Chicken & Broccoli B. Creamy Penne Pasta with Broccoli C. Sun-Butter & Jelly</p> <p>Side: Seasonal Fruit Cups & Roasted Peas & Carrots</p>	<p>13.</p> <p>A. Barros Cheese Pizza B. Barros Pepperoni Pizza C. Sun-Butter & Jelly</p> <p>Side: Organic Veggie Sticks Seasonal Fruit</p>
	<p>16.</p> <p>A. Macaroni & Cheese with a hidden veggies B. Plain Noodles C. Sun-Butter & Jelly</p> <p>Side: Steamed Broccoli & Mixed Fruit Cups</p>	<p>17.</p> <p>A. Organic All Beef Hotdog B. Beyond Vegan Burger C. Sun-Butter & Jelly</p> <p>Side: Roasted Butternut Squash & Apple Sauce</p>	<p>18.</p> <p>A. Silver Dollar Pancakes B. Organic Egg & Cheese Sandwich C. Sun-Butter & Jelly</p> <p>Side: Cinnamon Oatmeal & Apple Slices</p>	<p>19.</p> <p>A. Chicken & Spinach Quesadilla B. Cheese & Spinach Quesadilla C. Sun-Butter & Jelly</p> <p>Side: Spanish Rice & Mandarin Oranges</p>	<p>20.</p> <p>A. Barros Cheese Pizza B. Barros Pepperoni Pizza C. Sun-Butter & Jelly</p> <p>Side: Organic Veggie Sticks & Seasonal Fruit</p>
	<p>23.</p> <p>A. Ravioli with Marinara B. Ravioli without Sauce C. Sun-Butter & Jelly</p> <p>Side: Whole Wheat Rolls, & Roasted Peas and Carrots</p>	<p>24.</p> <p>A. Organic Chicken Tenders B. Vegan Chicken Nuggets C. Sun-Butter & Jelly</p> <p>Side: Mashed Potatoes & Green Beans</p>	<p>25.</p> <p>A. Cinnamon French Toast B. Organic Egg & Bacon Burrito C. Sun-Butter & Jelly Bagel</p> <p>Side: Yogurt/Applesauce & Apple Slices</p>	<p>26.</p> <p>A. Organic Beef & Cheese Burrito B. Bean & Organic Cheese Burrito C. Sun-Butter & Jelly</p> <p>Side: Quinoa & Pears</p>	<p>27.</p> <p>A. Barros Cheese Pizza B. Barros Pepperoni Pizza C. Sun-Butter & Jelly</p> <p>Side: Organic Veggie Sticks & Seasonal Fruit</p>
	<p>30.</p> <p>A. Chicken Noodle Soup B. Tomato Soup C. Sun-Butter & Jelly</p> <p>Side: Fresh Rolls & Seasonal Fruit</p>				

ALL LUNCH ORDER FORMS MUST BE RETURNED BY
August 23rd.

September 2019
***Please Circle Your Selections Below ***

Child's Name _____

Program/Grade _____

Teacher _____

Rm# _____

Entrée Side & Drink

Preschool = \$5.00

Kindergarten = \$7.00

Gluten free option:

Pre-K = \$6.00

K+ = \$8.00

There are no refunds for missed days

Two snacks per day are provided to all students

Please note any critical food allergies here:

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2. No Lunch	3. A. B. C.	4. A. B. C.	5. A. B. C.	6. A. B. C.	
	9. A. B.	10. A. B. C.	11. A. B. C.	12. A. B. C.	13. A. B. C.	
	16. A. B. C.	17. A. B. C.	18. A. B. C.	19. A. B. C.	20. A. B. C.	
	23. A. B. C.	24. A. B. C.	25. A. B. C.	26. A. B. C.	27. A. B. C.	
	30. A. B. C.					

Gluten free? Y _____ N _____

Number of lunches _____

Total for lunches \$ _____

Payment Method:

Credit card on file _____

Check _____

ACH _____