





January 2019 Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Food & Drink items are natural or organic when available</p> <p>Please circle your choice for each day. All orders must be placed two weeks in advance. There are no refunds for missed days.</p> <p>Payment form is on the back.</p> <p>If a student arrives without a lunch, a lunch will be provided and the parent will be charged <u>the regular fee plus an additional \$1.00.</u></p> <p>Entrée Side & Drink Preschool = \$4.00 Kindergarten = \$6.00</p> <p>Beverage choices: 100% Organic: Regular Milk Juice Bottled Water</p> <p>Menu subject to change as necessary.</p>		<p>1.</p> <p>Winter Holiday School Closed</p>	<p>2.</p> <p>A. Turkey and Cheese Sub on Hawaiian Roll B. Cheese Sub on a Hawaiian roll C. Sun-Butter & Jelly</p> <p>Side: Organic Apple Sauce, Smiley Tots</p>	<p>3.</p> <p>A. All Beef Cheeseburger B. Black Bean Veggie Burger with Cheese C. Sun-Butter & Jelly</p> <p>Side: Garlic Home Fries, Seasonal Organic Fruit Cups</p>	<p>4.</p> <p>A. Barros Cheese Pizza B. Barros Pepperoni Pizza</p> <p>Side: Organic Veggie Sticks with Ranch, Seasonal Fruit</p>	
		<p>7.</p> <p>A. Mac & Cheese B. Plain Noodles</p> <p>Side: Roasted Green Beans, Apple Slices</p>	<p>8.</p> <p>A. Organic Beef & Cheese Soft Taco B. Vegetarian Soy Crumble Taco with Cheese</p> <p>Side: Salsa & Guacamole, Roasted Corn, Orange Slices</p>	<p>9.</p> <p>A. Silver Dollar Pancakes B. Organic Egg & Cheese Burrito</p> <p>Side: Baked Cinnamon Apples</p>	<p>10.</p> <p>A. Chicken Noodle Soup B. Tomato Soup</p> <p>Side: Homemade Rolls, Organic Seasonal Fruit</p>	<p>11.</p> <p>A. Barros Cheese Pizza B. Barros Pepperoni Pizza</p> <p>Side: Organic Veggie Sticks with Ranch, Seasonal Fruit</p>
		<p>14.</p> <p>A. Spaghetti & Marinara B. Butter Noodles</p> <p>Side: Garlic Breadsticks, Peas Mandarin Oranges</p>	<p>15.</p> <p>A. Organic Chicken, Cheese & Spinach Quesadilla B. Cheese & Spinach Quesadilla</p> <p>Side: Refried Beans, Rice, Organic Apple Slices</p>	<p>16.</p> <p>A. Organic Beef Hot Dog B. Vegetarian Smart Dog C. Sun-Butter & Jelly</p> <p>Side: Organic Mashed Yukon Gold Potatoes, Coleslaw</p>	<p>17.</p> <p>A. Turkey, Cheese & Lettuce Wrap B. Cheese, Cucumber, & Tomato Wrap</p> <p>Side: Kid's Pasta Salad, Apple Sauce</p>	<p>18.</p> <p>A. Barros Cheese Pizza B. Barros Pepperoni Pizza</p> <p>Side: Organic Carrot Sticks with Ranch, Seasonal Fruit</p>
		<p>21.</p> <p>MLK Jr. Day School Closed</p>	<p>22.</p> <p>A. Organic Sweet & Sour Chicken B. Sweet & Sour Vegetables</p> <p>Side: Fried Rice, Orange Slices</p>	<p>23.</p> <p>A. Cinnamon French Toast B. Egg, Cheese & Organic Sausage Sandwich</p> <p>Side: Apple Sauce, Oatmeal</p>	<p>24.</p> <p>A. Ravioli & Marinara B. Ravioli No Sauce</p> <p>Side: Broccoli, Mandarin Oranges</p>	<p>25.</p> <p>A. Barros Cheese Pizza B. Barros Pepperoni Pizza</p> <p>Side: Organic Veggie Sticks with Ranch, Seasonal Fruit</p>
		<p>28.</p> <p>A. Cheesy Pasta Bake with hidden Organic Veggies B. Penne Pasta with Butter & Broccoli</p> <p>Side: Whole Wheat Rolls, Seasonal Fruit</p>	<p>29.</p> <p>A. Grilled Cheese & Ham B. Grilled Cheese</p> <p>Side: Tomato Soup, Organic Pears</p>	<p>30.</p> <p>A. Waffles with Syrup B. Cinnamon Oatmeal</p> <p>Side: Greek Yogurt, Bananas</p>	<p>31.</p> <p>A. Chicken Pot Pie served with a biscuit B. Vegetable Pot Pie served with a biscuit</p> <p>Side: Pears, Peaches</p>	

ALL LUNCH ORDER FORMS MUST BE RETURNED
BY **December 27th.**

January 2019 Lunch Menu

Please Circle Your Selections Below

Child's Name _____

Program/Grade _____

Teacher _____

Rm# _____

Entrée Side & Drink
Preschool = \$4.00
Kindergarten = \$6.00

Gluten free option:
Preschool = \$5.00
Kindergarten = \$7.00

Please note any critical food allergies
 here: _____

Snack Options (**Kindergarten Only**)

Monthly Option 1: \$21
 Includes one snack daily

Monthly Option 2: \$42
 Includes two snacks daily

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1. No Lunch	2. A. B. C.	3. A. B. C.	4. A. B.	
	7. A. B.	8. A. B.	9. A. B.	10. A. B.	11. A. B.	
	14. A. B.	15. A. B.	16. A. B. C.	17. A. B.	18. A. B.	
	21. No Lunch	22. A. B.	23. A. B.	24. A. B.	25. A. B.	
	28. A. B.	29. A. B.	30. A. B.	31. A. B.		

Gluten free? Y _____ N _____

Number of lunches _____

Total for lunches \$ _____

Snack option (**Kindergarten only**):

Monthly option 1 _____

Monthly option 2 _____

Payment Method:

Monthly total _____

Credit card on file _____
 Check _____
 ACH _____