



Iron Chef 2019

Session 3 - Home Cooks

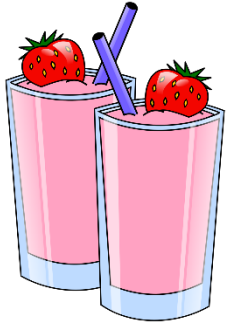


8 Weeks with a Choice of ONE or TWO days a week.

January 8th - February 28th

Tuesdays & Thursdays 3:30 - 4:30

\$225 for 8 Weeks



Your students will learn the ins and outs of making classic breakfast, lunches, dinners and healthy snacks. They will learn skills & bring home recipes that they will be able to utilize for snack and mealtime! They will also be able to bring home samples of what they made to share with the family.

Student Name: _____

Grade/Program: _____

Allergies: _____

Parent Name: _____

After School Phone: _____

CC on file _____

I will attach a check payable to CDS _____

ACH _____

Tuesdays \$225 _____

Thursdays \$225 _____

Both Days \$400 _____

Parent Signature: _____